

# RECOMMENDED COUNSELORS

## COVID 19 - RATES - see further below for counselor descriptions

**Keith Hughes**- 30 minutes for \$45

**Steffi Joslin**- 30 minutes for \$50

**Beth DeWeese**- 30 minutes for \$50 and first session free for frontline workers (few openings)

**Amanda McCorkel**- 50 minutes for \$80 \*\*Can only add clients in this time of quarantine\*\*

**Rachel Fuller**- 50 minutes for \$90

**Christine Denlinger**- 1 hour session for \$60

**Mark LaFleur**- 1 hour session for \$70

**John Messer**- Varying discounts depending on the need

**Finances**- Tiffany Nuessel- 40 minutes for \$50 for initial appointment

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### CHRISTINE DENLINGER, LPC

303.883.3269

christinedenlingerlpc@gmail.com

Counseling focus: depression, anxiety, trauma, abuse, relationship difficulties in marriage and marriages impacted by sexual addiction

### BETH DEWEESE, PH.D.

720.936.8656

elizabethdeweese.com

Counseling focus: Individual & group therapy with women. Specific areas of emphasis include: identity formation, adjustment & life transition, depression/anxiety, food addiction/disordered eating, and work/life balance.

### CARRIE ELLIS, MA, LPC, ACC, CPBA

303-618-6808

carrie@getunitedmomentum.com

Counseling focus: professional leadership development, strategic planning, assessments, coaching, counseling for global workers, student career development (individuals and schools)

**RACHEL FULLER, MA, LPC**

720.272.4102

[rfuller.counseling@gmail.com](mailto:rfuller.counseling@gmail.com)

Counseling focus: Children (8+), Adolescents, Young Adults, Anxiety, Depression, Relational and Identity difficulties, Trauma, Grief and Loss, Spiritual growth and faith questions, Cross-cultural transitions and adjustment difficulties (international, third culture kids), Bilingual-Spanish speaking.

**KEITH HUGHES, MA**

303.883.3560

[www.keithcounseling.com](http://www.keithcounseling.com)

Counseling Focus: Christian counseling / mental health services for adults and teens, depression, anxiety, suicide tendencies, behavioral issues of addictions, sexual acting out behaviors, spiritual growth through direct biblical principles, and marital counseling

**STEFFI JOSLIN, MA, LPC**

720.445.5344

[www.valeofamilyco.com](http://www.valeofamilyco.com)

Counseling focus: infants, toddlers, children, adolescents, individual adults, family therapy, trauma and abuse, transitions and life stressors, anxiety, depression, parent/child relationships, spiritual issues, adoption and attachment, grief and loss, EMDR and TF-CBT trained

**MARK LAFLEUR, MA, LPC**

303.475.4603

[www.marklafleur.com](http://www.marklafleur.com)

Counseling focus: depression, anxiety & self-talk specialist, EMDR, individual & couples

**AMANDA MCCORKEL, LPC**

720.556.0682

[www.mccorkelcounseling.com](http://www.mccorkelcounseling.com)

Counseling focus: individuals, relational issues, life transitions and stressors, family conflict or adjustments, anxiety, depression, personal growth and emotional development, pre-marital counseling

**JOHN MESSER, LPC, PRLC**

303.718.2817

[www.johnwmesser.com](http://www.johnwmesser.com)

Counseling focus: marital, premarital, individual, and life-coaching skills

**TIFFANY NUESSELE, MA**

Stepping Forward Financial Solutions

408.505.6791

nuesselefinancial@gmail.com

Coaching focus: budgeting, saving money, getting out of debt, living within ones means, organizing finances, managing spending, saving for big life events, building wealth, tithing, giving

**REDIMERE COUNSELING GROUP**

303.713.1001

www.redimere.com

Counseling focus: growth oriented counseling, attachment issues, relational issues, increasing intimacy, EMDR, life / job transitions, grief, loss, marriage, personal crisis, affair recovery, depression, anxiety, codependency, sexual abuse, sexual addiction, support for spouses of sexual addicts, sexual problems, personality disorders, spiritual crisis, transition, blended family, second marriage issues, divorce recovery

**SOUTHWEST COUNSELING ASSOCIATES**

303.730.1717

www.southwestcounseling.org

Counseling focus: depression and other mood disorders, anxiety and panic attacks, anger management, men's / women's issues, premarital, marital and family therapy, learning disabilities, treatment of ADHD, eating disorders, grief and bereavement therapy, child and adolescent therapy, sexual addiction, childhood sexual abuse