# RECOMMENDED COUNSELORS

#### CHRISTINE DENLINGER, LPC

303.883.3269

christinedenlingerlpc@gmail.com

Counseling focus: depression, anxiety, trauma, abuse, relationship difficulties in marriage and marriages impacted by sexual addiction

# BETH DEWEESE, PH.D.

720.936.8656

elizabethdeweese.com

Counseling foucs: Individual & group therapy with women. Specific areas of emphasis include: identity formation, adjustment & life transition, depression/anxiety, food addiction/disordered eating, and work/life balance.

# CARRIE ELLIS, MA, LPC, ACC, CPBA

303-618-6808

carrie@getunitedmomentum.com

Counseling focus: professional leadership development, strategic planning, assessments, coaching, counseling for global workers, student career development (individuals and schools)

# RACHEL FULLER, MA, LPC

720.272.4102

rfuller.counseling@gmail.com

Counseling Focus: Children (8+), Adolescents, Young Adults, Anxiety, Depression, Relational and Identity difficulties, Trauma, Grief and Loss, Spiritual growth and faith questions, Cross-cultural transitions and adjustment difficulties (international, third culture kids), Bilingual-Spanish speaking.

## JENNI HOAG, MA, SPIRITUAL DIRECTOR

www.soulcareanchoress.com

jenni.hoag@soulcareanchoress.com

Counseling Focus: spiritual practices for individuals and ministry teams

#### KEITH HUGHES, MA

303.883.3560

www.keithcounseling.com

Counseling Focus: Christian counseling / mental health services for adults and teens, depression, anxiety, suicide tendencies, behavioral issues of addictions, sexual acting out behaviors, spiritual growth through direct biblical principles, and marital counseling

# MARK LAFLEUR, MA, LPC

303.475.4603

www.marklafleur.com

Counseling focus: depression, anxiety & self-talk specialist, EMDR, individual & couples

## TIFFANY NUESSLE, MA

Stepping Forward Financial Solutions 408.505.6791

nuesslefinancial@gmail.com

Coaching focus: budgeting, saving money, getting out of debt, living within ones means, organizing finances, managing spending, saving for big life events, building wealth, tithing, giving

# REDIMERE COUNSELING GROUP

303.713.1001

www.redimere.com

Counseling focus: growth oriented counseling, attachment issues, relational issues, increasing intimacy, EMDR, life / job transitions, grief, loss, marriage, personal crisis, affair recovery, depression, anxiety, codependency, sexual abuse, sexual addiction, support for spouses of sexual addicts, sexual problems, personality disorders, spiritual crisis, transition, blended family, second marriage issues, divorce recovery

# PAUL STEINKE

303.588.2005 psteinke@karibunicenter.com www.karibunicenter.com

Counseling focus: Marriage and relationship counseling: communication challenges, connecting and developing intimacy, affair recovery and infidelity, conflict styles and resolution, parenting, negative relationship cycles and feeling stuck Individuals: anxiety and depression, relationship struggles, divorce recovery, family of origin issues, identity, worth, value, spiritual development

# KATIE WANNER, MA, LPCC

issues, identity, worth, value, spiritual development

401.236.7455

katie@somacounselingcolorado.com www.somacounselingcolorado.com

Counseling focus: Couples, Adults, Premarital Counseling, Postpartum and Postpartum Group Therapy, Infertility, Miscarriage, Anxiety, Depression, Identity Development, Spirituality, Relationship Issues, Self-Esteem, Emotional Regulation and Creating Healthy Coping Skills, Life Transitions: Career, Parenthood, Graduation/College Individuals: anxiety and depression, relationship struggles, divorce recovery, family of origin